



Greater Boston PFLAG CONNECTIONS

Fall 2010

GLBT Youth At Risk: The Startling Facts and Why We Must Act

By Ken Heideman, Greater Boston PFLAG Board Member

The sudden rash of young, gay teen suicides is sending shock waves throughout the wider community. But, sadly, they are consistent with the unacceptably high risk of abuse, violence, and suicide that has been clearly documented in a number of independent studies over several years.

A new study that has just been published in *Development Psychology* (see article on Page 2) analyzes a survey that the Family Acceptance Project completed with young adults. The results are eye-opening and help explain why there are so many suicides of GLBT teens and young adults.

Other Family Acceptance Project research that was published in the January 2009 journal *Pediatrics* documents that teens whose families deny or reject their children's sexuality or gender identity, when compared to their straight counterparts, are over eight times more likely to attempt suicide, six times more likely to experience clinical depression, and are at significantly higher risk of contracting STDs, using illegal drugs, and becoming homeless.

An in-depth article in the next edition of the PFLAG newsletter will present detailed findings of these studies and discuss ways in which the PFLAG community can continue to expand efforts to effectively address this untenable situation. In that our programs keep kids safe and provide support for the entire family both at home and school, we help to save lives and bring families back together. Therefore, Greater Boston PFLAG has a responsibility to lead the way.

It's great to live in Massachusetts, but denial that these statistics apply to our state as well as others would be a tragic mistake.

Please watch for this article in the next newsletter.

President's Letter

By Stan Griffith

I am often asked "What is PFLAG and why should I get involved with PFLAG?" Greater Boston Parents, Families and Friends of Lesbians and Gays, Inc. offers help for lesbian, gay, bisexual and transgender (LGBT) people, their families, and communities through support, education, resources, and advocacy. We foster dialogue, create safe environments, and open hearts and minds to:

- Help LGBT people achieve happiness, acceptance, and self-esteem
- Help parents understand and connect with their children
- Help families work through sometimes difficult feelings
- Help schools and other institutions provide safe environments
- Help society counter violence and negative stereotypes.

IN SHORT, OUR PROGRAMS KEEP KIDS FROM GETTING BEATEN UP AND KILLING THEMSELVES; WE SAVE LIVES AND WE BRING FAMILIES BACK TOGETHER.

For over fifteen years, we have provided award-winning and highly successful anti-bias and anti-bullying training for students, faculty and administrators in high schools and middle schools throughout Massachusetts.

While we have provided support group and hot-line services for LGBT people and their families and friends for over 25 years in the Greater Boston area, we have recently changed to a much more proactive, statewide educational and support effort. The goal of our new program focus is to ensure that every parent in Massachusetts has accurate information about sexual orientation and gender identity so that no child is raised in a homophobic household. Why? Because no child should grow up fearing the loss of love of a parent because of who they are.

(Continued on Page 4)

Critical Study Finds Direct Link Between School Victimization of Gender-Nonconforming LGBT Youth with Depression and Quality Of Life in Adulthood

Greater Boston PFLAG Press Release

New research has found that lesbian, gay, bisexual, and transgender (LGBT) youth who do not conform to societal gender norms have compromised mental health that is clearly linked to the bullying and harassment they receive in school. The study, to be published in the November 2010 edition of *Developmental Psychology*, is the first to thoroughly analyze the relationship between the victimization suffered by gender non-conforming LGBT students and their psychosocial adjustment as young adults.

Analyzing data from the Family Acceptance Project's young adult survey, the authors examined the school-related experiences of 245 LGBT young adults, ages 21 to 25. They found that LGBT young adults who did not socially conform to gender roles as adolescents reported higher levels of anti-LGBT victimization with significantly higher levels of depression and decreased life satisfaction in young adulthood. This research shows that the negative impact of anti-LGBT school victimization affects both quality of life and the LGBT young adult's capacity to enjoy life. Most crucially, the findings show that anti-LGBT bullying in school largely accounts for this psychological harm.

The study calls for schools to take action to address the bullying, violence, and social isolation that gender-nonconforming LGBT youth face, including the implementation of education programs for students and faculty, offering support programs including Gay-Straight Alliances (GSAs), and protecting students through robust nondiscrimination policies.

Co-author Stephen T. Russell said: "There is increasing attention on anti-LGBT bullying in schools. Our research makes it crystal clear that anti-LGBT bullying is a major reason that youth who don't conform to gender rules or expectations have poorer mental health later in life."

Added co-author Russell Toomey: "Clearly, gender non-conforming and LGBT students need protection in schools that are specific to their sexual orientation and gender identities to interrupt the strong link between bias-victimization and poorer mental health."

(Continued on Page 6)

Find a Greater Boston PFLAG Support Group Near You

**Greater Boston PFLAG's Confidential Helpline:
866-427-3524**

Arlington

2nd Tuesday of the month, 7:15pm; First Parish Church, Sunshine Nursery School, 630 Massachusetts Ave., Arlington; Contact: Ann at pfla-garlmass@yahoo.com or 781-891-5966.

Boston

Group for parents of transgender and/or gender variant children; Next meetings Wednesday, Oct. 27, Nov. 17 & Dec. 29, 6:30pm; Sidney Borum Jr. Health Center, 130 Boylston St., Boston; Nov. 13, and Dec. 11, 10am, GBPFLAG office, 85 River Street, Waltham. Contact: Pam at 781-891-5966 or Melissa MacNish at 617-457-8140.

Cape Ann

1st Tuesday of the month, 7:00pm; First Universalist Church of Essex, 57 Main St., Essex (the intersection of routes 133 and 22); www.uuessex.org for directions; Contact: Melanie at weeartie@yahoo.com or call 978-768-3690.

Concord

3rd Sunday of the month, 7:00pm; Trinity Episcopal Church library, 81 Elm St. (enter from River St.), Concord; Contact: Beth at bobandbethshaw@gmail.com or 978-448-3999.

Dorchester

3rd Thursday of the month, 6:30pm; Codman Square Health Center, 637 Washington St., Conference Room A, Dorchester; Contact: Pam at 781-891-5966.

Easton

4th Monday of the month, 7:30pm (if holiday, then 3rd Monday); Unity Church, 9 Main St., Easton; Contact: Cecile or Mary at pflageaston@comcast.net.

Fall River

1st Wednesday of the month, 7:00pm; Durfee High School, 360 Els-bree St., Room 101, Fall River. Use main entrance; Contact: Mary or Marianne at zemawoman@verizon.net or 401-391-1874.

Framingham/MetroWest

2nd Sunday of the month, 7:00pm; The First Parish Church, 24 Vernon St., Framingham; Contact: metrowestpflag@verizon.net or 781-891-5966.

Merrimack Valley

4th Tuesday of the month, 7:00pm (starting November 2010), South Church UCC, 41 Central Street, Andover, MA. Contact: merrimackvalleypflag@gmail.com at or 781-891-5966

Reading

2nd Thursday of the month, 7:30pm; Loring House, 211 Summer Ave., Reading, on the campus of the Unitarian Universalist Church of Reading, at the intersection of Woburn St. and Summer Ave.; Contact: Martha at pflagreading@aol.com.

Meetings of Related Organizations

Always Our Children

1st Tuesday of the month, 7:00pm; Community Room of Sacred Heart Convent (behind Sacred Heart Church), 395 Chestnut St., Springfield; Contact: www.fortunatefamilies.com or Ann 413-736-6803.

Straight Spouses Group

Boston group, Contact: ssn.boston@comcast.net, call Ivan at 508-966-0275, or email Tara at tl563@gmail.com; other areas: www.straightspouse.org.

Transgender Group

Waltham/Tiffany Club of New England; Contact: 781-899-3230 or 781-891-9325.



About Greater Boston Parents, Families and Friends of Lesbians and Gays, Inc.

We are a group of parents, families, friends, and lesbian, gay, bisexual, and transgender people. We help change attitudes and create an environment of understanding so that our LGBT family members and friends can live in a world that is safe and inclusive. Through support, education, and advocacy we foster dialogue, create safe environments, and open hearts and minds. For more information, visit www.gbpf.org.

Office Location

85 River Street, Ste. 3A
Waltham, MA 02453
781-891-5966
Help Line: 866-427-3524

Mailing Address

P.O. Box 541619
Waltham, MA 02454-1619

Greater Boston PFLAG Connections

We welcome coming-out stories, articles, letters, and comments from our readers. E-mail articles to: **GBPFFLAG_newsletter@yahoo.com**. Please include your name and phone number.

Editor and Layout: Jennifer Swanson
Proofreader: Ann Schlesinger

Advertising Information

All ads must be camera-ready (ready to print) or a JPEG electronic file. Mail your artwork and payment to Greater Boston PFLAG, P.O. Box 541619, Waltham, MA 02454-1619 or email your electronic file as an attachment to pflagsafeschools@aol.com.

Per Issue (1X) Per Year (4X)

Business Card

3-1/2" w x 2" h \$15 \$50

Quarter page

3-1/2" w x 4" h \$25 \$100

DEADLINE FOR NEXT ISSUE: Dec.31

Come Out, Come Out Wherever You Are. Greater Boston PFLAG Needs Your Help.

by Sue Wilson, BSN, MPH, JD

I was stunned after speaking with Pam Garramone, Greater Boston PFLAG’s Executive Director. Like many middle-aged lesbians, I had assumed that since Ellen “came out” on national television in 1997, it was much easier for gay and lesbian teens and young adults to come out and be out today than it had been when I started my own coming out process 35 years ago. As it turns out, I was very wrong. The recent news about Tyler Clementi is a tragic reminder of the simple truth: life for gay teens can be excruciatingly painful and the elevated suicide rate for gay teens persists – even in “progressive” Massachusetts.

Pam explained that if the child’s support systems (family, teachers, friends and religious community) were positive and supportive, that coming out actually could be easier today. However, she also pointed out that if any of these support systems were not positive, or worse, communicated hate toward gays and lesbians, the increased visibility and focus on being gay today meant that life for many gay teens was actually harder today than in the past. Add to this, the effects of “cyber-bullying” and the blurring of privacy boundaries inherent in Facebook and other social media, and it is not surprising that gay and lesbian teens engage in risky and/or self-destructive behavior, including suicide, at a much higher rate than their peers.

I thought about the ten-year process I went through between wondering about my sexual orientation, and actually coming out, and staying out. When I was in high school in the early 1970’s, I rarely heard the word “gay,” and I never heard the word “lesbian.” Sexual orientation was never discussed – not in positive terms and not in negative terms. It was a non-issue. In high school, I was oblivious to the option. Looking back, I think my obliviousness actually protected me.

In college, I started wondering, and in those days, I had the luxury of coming out ten years later, at my own pace, when I was ready. Today, gay and lesbian teens and young adults have no such luxury. There is no “under the radar” anymore. Everyone around them is so acutely aware of the possibility that they are gay, that they are catapulted out of the closet, whether they are ready or not.

(Continued on Page 5)

President's Letter

(Continued from Page 1)

A 2009 study reported in the Journal of the American Association of Pediatrics found that teens whose families denied or rejected their children's sexual orientation were:

- **8.4 times** more likely to have attempted **suicide**
- **5.9 times** more likely to have **depression**,
- **Over 3.5 times** more likely to be at risk for **STD's**
- **3.4 times** more likely to use **illegal drugs**.

Yet families can, and *do*, change once they understand these risks. No matter how they view issues of sexual orientation, parents want their *own* children to survive and thrive. But they need accurate information, encouragement, and support in order to change the attitudes and actions that threaten their children – in order to learn the language of love and acceptance.

And we need to educate *all parents*, not just the parents of gay kids, because children acquire fear and prejudice in the home, and we want to be sure that no parent raises a school bully. There is a wonderful song in Rogers and Hammerstein's *South Pacific*: "You've got to be carefully taught." Children raised in a homophobic home will in all likelihood carry those fears and prejudices to school.

In addition, since there are numerous health, counseling and prevention specialists who are likely to encounter families in crisis over what is happening to a gay child in school or in the home, we are aggressively reaching out to these specialists in Massachusetts through their professional organizations and their training institutions so that they are informed about the alarming health and risk disparities confronting gay youth. They are frighteningly unaware of the research that shows that suicide risk, drug and alcohol abuse, STD and HIV risk, risk of being attacked with a weapon, and homelessness are all at alarmingly high levels for gay high school students.

We are also acquainting these health, counseling and prevention specialists with the current research that demonstrates that these tragic elevated risk and health disparities can be successfully addressed by eliminating hostile climates in school through effective anti-bullying policies and training and by promoting parental acceptance through education.

We conduct our outreach efforts in all types of venues, wherever we can find groups of parents or people who

counsel or advise parents, including in places of work, at professional conferences, in faith communities, and at community forums. A year ago we partnered with the Massachusetts PTAs to use their networks to get accurate information into the hands of people who need to see it.

So why does PFLAG need your involvement and/or financial support? Because we want a safer, fairer, just and inclusive world for our children and grandchildren. You may have a personal stake in achieving this vision. One in four families has an immediate family member who is a gay, lesbian, bisexual or transgender person. Everyone knows someone who is gay or who has a gay relative – you just may not know it.

Please contact us and get involved! We need speakers; we need people with all manner of skills. We need your time, and we can always use your financial support.

The Side Door

By Barbara Mulcahy

In the September PFLAG newsletter I read about a book signing party featuring author Jan Donley to celebrate her first novel, *The Side Door*. What really got my attention was that with each sale of the book, Greater Boston PFLAG got a percentage donation. I immediately signed up to attend but on the day of the event, with reports of severe thunderstorm activity forecasted, I started to rethink the wisdom of the ninety-minute schlep to Brookline during rush hour. After wrestling with the decision to go or not to go, and the Jewish daughter guilt that still occasionally rears its ugly head, I pulled myself together, put on my big-girl panties and headed out.

At the event, Pam Garramone, the executive director of Greater Boston PFLAG spoke about the importance of books like *The Side Door* and also about the work that PFLAG does to keep our children safe while in school. After Pam spoke, Jan took center stage to read several pages from her book. She grabbed your heart at the start. *The Side Door* is a story about two friends trying to find a place where they fit in, to be their true selves, while navigating through high school. It is an amazing book, written with painful honesty and compassion, and it's a "must read" for all teenagers, gay or straight. It will help everyone have a better understanding of what it is like for those who feel they don't fit in.

I not only had the pleasure of meeting Jan Donley and visiting with my good friend Pam, I also met Dianne Monnin, who is a PFLAG mom like me. She belongs to the Easton PFLAG chapter and is the mother of a child who transitioned female to male. As it turns out, Dianne and I joined PFLAG about the same time, nine years ago, and she too has done the work it takes to accept and celebrate her son, Tev. It is because of her unconditional love for her courageous son that she is able to mentor and be a role model for parents who are struggling with the acceptance of their transgender children.

It was such a treat to meet a mom who is as excited and committed as I am to educate friends and family about the importance of acceptance and inclusion of our GLBT family members. Dianne is a mother who makes a difference and that makes her very special in my book.

For further information about the support group for gender variant children, please contact Pam Garramone, Greater Boston PFLAG 781-891-5966.

The rain gods were traveling with me that night, and it did not start to storm until I was already in the restaurant and “dry as a bone.” When I left the book signing, there were only clear skies ahead. Driving north, heading for home, I once again thanked the higher powers in my life that keep me moving forward, doing the things I’m supposed to be doing and gaining wisdom with each lesson.

Note: Barbara writes a bimonthly parent blog: www.gbpfllag.org, click on Support → Parental Support → Parent Blog.

Come Out, Come Out Wherever You Are

(Continued from Page 3)

If their family, school, and community are supportive, their coming out process can be empowering. But if they have been listening for years at the dinner table, in school, and/or in their religious communities to negative comments about gays and lesbians, they may feel frightened and alone, and have no idea that their future can be full of happiness and success.

I joined the Board of Greater Boston PFLAG because I wanted to help make it easier for kids to come out, than it was for me. I wanted to help this organization meet its mission of providing education and support to GLBT kids and their families, their schools, and their communities. The media reports, all too often, the tragic loss of

life when GLBT youth feel they have no hope. Tyler Clementi grew up in Ridgewood, New Jersey – the town right next to the one in which I grew up – only 35 years later. It’s definitely not easier to come out in 2010 than it was in 1975, when I graduated from high school.

The GLBT kids of today desperately need our help. Greater Boston PFLAG needs your help. We, as GLBT adults, can give these kids hope, and let them know that they are not alone, and that a wonderful life lies ahead. Once again, “Come out, come out, wherever you are,” and join us. To find out how, go to www.gbpfllag.org or contact me directly at attysuew@suewilsonlaw.com.

PFLAG Easton Area’s 20th Anniversary Celebration

On Monday, September 27, 2010, more than 30 people attended a celebration of the founding of the Easton Area chapter. The group included “regulars,” returnees and several new participants. The program included messages from the Town of Easton and the national PFLAG organization, and a brief presentation by Roberta Barry, Northeast Regional Director for PFLAG, who brought greetings and a certificate from the national organization.

The chapter has met monthly at Unity Church in North Easton since September 24, 1990. Special guests at the celebration included Rev. Tess Baumberger of Unity Church and Susan Hadge, advisor to the Gay/Straight Alliance at Oliver Ames High School in Easton.



ERIC EID-REINER
TRADITIONAL & CONTEMPORARY
MUSIC ON PIANO:
NEW ENGLAND, CAPE BRETON, IRISH, FRENCH-CANADIAN,
JEWISH/KLEZMER, BLUEGRASS, OLD-TIME, AND JAZZ
weddings, parties, concerts, and contra/square dances

www.EricEid-Reiner.com Eric.Eid.Reiner@gmail.com
P.O. Box 750007
Arlington Heights, MA 02475 phone and fax: 781-863-0140

Critical Study Finds Direct Link

(Continued from Page 2)

By proactively supporting gender-nonconforming and LGBT youth, the authors conclude that schools can change the hostile and harmful environments these adolescents face each day, and prevent future tragedies such as the suicides of Asher Brown in Texas and Seth Walsh in California and the 2008 murder of fifteen-year-old Lawrence King.

Concluded co-author Caitlin Ryan, Director of the Family Acceptance Project, "Each day we see tragedies directly related to anti-LGBT school victimization. This study provides clear evidence of the lasting effects of school bullying related to gender expression and LGBT identity. Schools can no longer turn a blind eye to these problems without being held accountable for the mental health problems these children suffer."

Letters to Greater Boston PFLAG

Dear Concord Chapter,

Thank you so much to Bob, Deb, Loretta, Ken, Ken's kids, and Jen for helping Great Boston PFLAG man our booth at MaynardFest this past weekend. There we were, on a gorgeous day, talking to people on the street about matters closest to our hearts.

I was actually surprised by the number of people who stopped by the table from 9 AM to 1 PM. Lots of rainbow ribbon pins were given away; about \$25 was put in the pot, mostly ones; and many conversations took place. I call it "instant intimacy" when a stranger and I talk right away about "When did you come out?" or "Tell me about your journey as a parent."

One lady in particular did stop and ask if suicides were on the rise, and I told her about an interview that I had heard on NPR this AM with Mathew Shepherd's mother. Judy Shepherd talked about the teasing that went on in her youth versus the bullying that takes place today.

So, I pose to you kids and your generation, who empowered young people today to feel free to be bullies? I submit that this needs to be part of the discussion as to why kids, particularly gay kids, resort to suicide.

Beth Shaw

Fall 2010

Are you excited about Greater Boston PFLAG's activities, or has Greater Boston PFLAG helped you handle a particular situation? Write us a letter to explain how we were able to help, and with your permission, we'll publish it to show members what types of services they can count on from us.

Reprint from *Policy Matters*, a newsletter from National PFLAG*

Dear Policy Matters,

I am deeply saddened and incredibly alarmed by the number of teen suicides since the new school year began. To my knowledge, I know of ten suicides, and the number only seems to grow every time I read the news. As a concerned PFLAG member, what can I do to ensure that schools are safer for my kids and their friends?

*Thanks so much,
Jeremy*

Dear Jeremy,

Thank you so much for your question. As PFLAG National mourns the tragic deaths of Caleb Nolt, Felix Sacco, Raymond Chase, Harrison Chase Brown, Asher Brown, Tyler Clementi, Seth Walsh, Cody J. Parker, Billy Lucas, Justin Aaberg, along with the countless number of other young people who have suffered from relentless anti-LGBT bullying, harassment and discrimination – we find ourselves searching for more ways to end this trend. Sadly we know all too well that before taking their lives, these young people endured years of anti-LGBT bullying, harassment and discrimination that went unchecked by school officials.

In response to these recent tragedies, and in honor of National Safe Schools Day, we urge you to take action at your school to prevent youth suicide by stopping anti-LGBT bullying today! We call on you to work in coalition with students, teachers, and other school officials to put an end to anti-LGBT bullying, harassment, and discrimination.

Below are ten simple actions you can take to help build safer schools for all students:

*Note: edited slightly to fit Boston region

Top 10 Ways to Make Schools Safer

1. **Claim Your Rights.** It's critical that school community members know their federal civil rights, especially when they live in states and school districts that lack explicit LGBT anti-bullying protections. Be sure to check out PFLAG's Claim Your Rights Resource Center, to learn about ways you can report unchecked bullying, harassment and discrimination.
2. **Call Congress.** Call your Congress Members and ask them to co-sponsor the federal Student Non-Discrimination Act and the Safe Schools Improvement Act.
3. **Plan a PFLAG/Community meeting.** Organize a PFLAG or community meeting to discuss what you can do to prevent bullying and suicide at your school. If you need some ideas on what to include in your program, please contact Pam Garramone, pam@gbpflag.org.
4. **Organize a Candlelight Vigil.** Work with your chapter members along with other community organizations to honor students like Asher Brown, Tyler Clementi, Seth Walsh, Billy Lucas, Justin Aaberg, and other young people who have died because of unchecked anti-LGBT bullying.
5. **Plan School-Wide Activities.** There are simple and important ways to educate the school community about why respect for everyone must be the rule, and not the exception, to address bullying in your school communities. Please contact Pam Garramone, pam@gbpflag.org for specific ideas.
6. **Train and Educate Everyone.** Ask for school faculty and students to be trained to respond to bullying; Greater Boston PFLAG offers faculty and student training statewide. Find out more, contact pam@gbpflag.org.
7. **Set the Policy.** Find out what your school's anti-bullying policy is and ask if it includes consequences for students who use anti-gay language.
8. **Make a video.** Similar to Dan Savage's "It Gets Better Campaign," consider making a video to tell the world what you're doing to make your school safer. Upload it to YouTube and send the link to our Safe Schools Coordinator so that we can publicize it! "It Gets Better Campaign" can be found here: (<http://www.youtube.com/watch?v=gAfZhjUVIWE>)
9. **Write an Op-Ed.** Consider writing an Op-Ed to your local newspaper to educate your community about the impact of anti-LGBT bullying, and the remedies to help build safer schools for all students.

10. Know the Resources. Make sure school community members know that they can call **1-800-4U-TREVOR**, a national suicide prevention hotline, or locally, the Samaritans (see ad below). **Fenway** offers a **Gay and Lesbian Helpline 888-340-4528** and **Peer Listening Line for youth only at 800-399-7337**.

For Parents: See our support group list, helpline and parent-to-parent support information on Page 2.

Please be sure to share your op-eds along with your pictures and videos from your action to rperry@pflag.org so that we can feature them on our National Blog.

Thanks again for your question and for your commitment to move equality forward!



samaritans
you are not alone.

The Samaritans provide a free and confidential 24-hour befriending helpline. This unique service, staffed entirely by volunteers, provides unconditional and non-judgmental support to anyone who feels alone, depressed, or in crisis.

Samariteens is a peer support line staffed by teens talking to teen callers during after-school and weekend hours. For more information on volunteering, call us at 617-536-2460 or visit us online at www.samaritansofboston.org. If you need to talk to someone on our help lines for any reason, you can reach us at **617-247-0220** or **877-870-HOPE (4673)** or for teens at **800-252-TEEN (8336)**.

JOURNEYS TO UNDERSTANDING

An Evening of Dialogue on Lesbian, Gay, Bisexual and Transgender People

Greater Boston Parents, Families and Friends of Lesbians and Gays invites you to an event to talk about what can be done to make Andover, Methuen, Haverhill and Lawrence safe, welcoming, and inclusive communities for gay, lesbian, bisexual and transgender people, their families and allies.

Tuesday, November 9
7:00 to 8:30 pm
Memorial Hall Library – 3rd Floor
2 North Main Street, Andover, MA 01810

Free and open to the public. Light Refreshments.

Event Highlights:

- An extraordinary new film, “Always My Son”
- Panel of speakers including parents and youth
- Learn the latest research on the importance of Family Acceptance

Who should attend? Anyone who wants to learn about how to be an ally to LGBT people; parents of LGBT people, LGBTQ people, Gay Straight Alliance Advisors, Teachers – Anyone and Everyone!

For more information, contact: merrimackvalleyPFLAG@gmail.com or visit www.gbpflag.org or call (781) 891-5966

Greater Boston PFLAG
P.O. Box 541619
Waltham, MA 02454-1619

PRESORTED STD
U.S. POSTAGE PAID
BOSTON, MA
PERMIT NO. 56157

Return Service Requested



**Go green and receive
your next newsletter
by email.**

Send us an email at
info@gbpflag.org or
sign up on our homepage
at www.gbpflag.org